



Is it just me?

Useful Information

Younger Women's 15-25 Resource

The organisation	Their services
<p><u>Ovarian Cancer Australia</u> Ovarian Cancer Australia provides support, awareness services and resources for women with ovarian cancer, their families, friends and carers.</p>	<ul style="list-style-type: none"> • National telephone support and referral line (1300 660 334). • Resilience information guide and personal record • <i>Resilience</i> DVD • Face-to-face and telephone support groups • Community forums and seminars • Web-based fact sheets and personal stories • Online forum to connect people with shared experiences • A 'Younger women' section on our site, which lists a range of support services and information relating to younger women
<p><u>Cancer Helpline</u> Cancer Council Helpline is a free, confidential telephone information and support service run by Cancer Councils in each state and territory.</p>	<ul style="list-style-type: none"> • Specially trained staff can answer questions about cancer, offer emotional or practical support, and refer young people and those around them to age-appropriate support groups or services – phone 13 11 20. • A wide range of resources are available for people and their families who are affected by cancer, including a guide on fertility and cancer
<p><u>Redkite</u> Redkite is an Australian organisation that supports children, young people and their families through cancer by providing emotional support, financial assistance and educational services.</p>	<ul style="list-style-type: none"> • Once-off educational grants to help with study costs and links with educational consultants to help with short-term education and career goal-setting • Financial assistance with utilities (i.e.: electricity and gas bills) • Links to financial counsellors • Phone and in-person counselling • Specific information and resources for 15-24 years olds • A comprehensive and succinct list of other services available for children and young people • A list of books for teenagers and young adults with cancer
<p><u>Canteen</u> CanTeen is a national support organisation for 12 to 24 year-olds who are living with cancer. CanTeen provides information and programs to support and empower young people affected by cancer.</p>	<ul style="list-style-type: none"> • A counselling service • A dedicated website for young people living with cancer which provides information, forums and blogs and ways to connect with other young people in the same situation • An online peer support network • Online information about ovarian cancer • Online general information about fertility and cancer • A range of facilitated peer support programs providing support, education and activities for young people. This includes an 18+ program.
<p><u>Warwick Foundation</u> The Warwick Cancer Foundation support adults under 40 during their cancer</p>	<ul style="list-style-type: none"> • The 'Mates in my Shoes' program connects newly diagnosed cancer patients with other patients, survivors and caregivers, matching people according to age, cancer type, time since diagnosis, interests, profession, living situation and geographic location

<p>treatment. The Foundation also supports carers of those currently in treatment and survivors aged under 40.</p>	<ul style="list-style-type: none"> • Complimentary mid-week stays at beautiful retreats in Victoria, New South Wales and in Western Australia • A range of fact sheets for those newly diagnosed including on fertility, employment, finances, private and public care
<p>Youth Cancer Services Youth Cancer Services (YCS) are specialised treatment and support services for young people with cancer aged 15-25. They are five YCSs based in major hospitals throughout Australia.</p>	<ul style="list-style-type: none"> • YCS services are staffed with expert doctors, nurses, social workers, psychologists and others experienced in working with young cancer patients • Services are available to any young person with cancer • They can be accessed through referrals from your doctor, GP or specialist, or self-referral – either as a request for treatment or a second opinion • A range of online information resources <p>To find a Youth Cancer Service in your area, click here.</p>

