



Ovarian
Cancer
Australia

Presenters



Dr Michael Jefford

Associate Professor Michael Jefford is Deputy Head of the Department of Medical Oncology at Peter MacCallum Cancer Centre and is Director of the Australian Cancer Survivorship Centre, a Richard Pratt legacy. His clinical practice, and part of his clinical research, focuses on the management of people with gastrointestinal cancers. He has extensive experience designing interventions to improve the supportive care outcomes of people affected by cancer. He has led research and contributed to program development, service delivery and to the international literature regarding cancer survivorship. He has published over 120 peer-reviewed manuscripts and book chapters and has presented work at several international meetings covering cancer control, clinical oncology and psycho-oncology.



Jan Antony

Jan Antony, an ambassador for OCA was once a photographer and ran various home-based businesses. At the age of 49 Jan was diagnosed with breast cancer and then in 2008 Jan was diagnosed with advanced stage 3 Ovarian Cancer. At the time she said "I felt as though I was in a parallel universe and no longer had any connection to those around me as they had a future and I felt I had none." Eight years later Jan says 'If I could offer any advice to women with ovarian cancer it would be this. Surround yourself with those who replenish your soul with laughter and joy and cut out those people who bring you down. And when you are not having treatment, don't live your life as a patient, just live your life.'

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